

# SOLID ROCK

## BASKETBALL

## KINDERGARTEN

# RULES

### **RULES:**

1. Youth basketball size 27.5 , 8 ft. Goal height, 4 on 4 court play, 4 X 7 minute quarters with running clock
2. First three weeks traveling and double dribble violations will result in clock stoppage and explanation of the rule by coach and referee. Team will maintain possession of the basketball. After week three, Traveling and double dribble violations will be called and result in loss of ball possession to opposing team.
3. Substitution will occur every 3 1/2 minutes with a clock stoppage by the referee. This is not a timeout, simply the time to substitute players.
4. 2 timeouts per game
5. 2-minute overtime
6. Free throws on shooting fouls only
7. No defense outside the 3-point line, no pressing, no double teams
8. All man to man defense, no zone defense, player must guard matching color
9. Each team must provide warm up balls: Solid Rock will provide the game ball
10. Coach must fill out numbers on the scoresheet before each game and sign off, clock and bookkeepers will be provided by Solid Rock.
11. If any coach, player or fan is ejected or asked to leave the gym, they will not be allowed to participate in their teams next scheduled game. Failure to adhere will result in expulsion of the team from the league.
12. The players current school grade DURING SCHOOL YEAR determines placement (summer league will be grade just completed).

# SOLID ROCK

## BASKETBALL

## 1ST & 2ND RULES

### **RULES:**

1. Youth basketball size 27.5, 9 ft. Goalheight, 4 X 7 minute quarters with running clock
2. Substitution will occur every 3 1/2 minutes with a clock stoppage by the referee. This is not a timeout, simply the time to substitute players.
3. 2 timeouts per game
4. 2-minute overtime
5. Free throws on shooting fouls only
6. No defense outside the 3-point line, no pressing, no double teams
7. All man to man defense, no zone defense
8. Each team must provide warm up balls: Solid Rock will provide the game ball
9. Coach must fill out numbers on the scoresheet before each game and sign off, clock and bookkeepers will be provided by Solid Rock
10. If any coach, player or fan is ejected or asked to leave the gym, they will not be allowed to participate in their teams next scheduled game. Failure to adhere will result in expulsion of the team from the league
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