

THEME	ACTIVITY	DETAILS	PERCENTAGE OF TOTAL PRACTICE TIME
<b>Values</b>	<b>TEAMWORK</b>	Lead the players in a discussion about teamwork.	<b>5%</b>
<b>Warm-Up</b>	<b>RUN TO THAT LINE</b> (1 x 5 lines)	Learn the court while warming up.	<b>5%</b>
<b>Building Skills</b>	<b>Ball-Handling</b>		<b>60%</b>
	<b>BALL RUBS</b> (1 x 10 sec.)	Get the hands warm and gain comfort with the ball.	
	<b>SINGLE LEG WRAPS</b> (2 x 20 sec. each leg)	Wrap the ball quickly around each leg.	
	<b>SEATED DRIBBLE</b> (1 x 20 sec. each hand)	Sit and work on low, quick dribbles with the fingertips.	
	<b>3-3-3 DRIBBLE DRILL</b> (2 x 20 sec.)	Make sure each dribble is quick and powerful.	
	<b>CONE DRIBBLING</b> (1 x 3 min. with variations)	Work on changing directions with the dribble.	
	<b>Passing</b>		
	<b>OVERHEAD PASS DRILL</b> (1 min.)	Make overhead passes with a partner(s).	
	<b>Shooting</b>		
	<b>FORM SHOOTING</b> One Hand (2 x 10 shots )	The shot pocket originates from where a player would hold the ball with 1 hand.	
	<b>1-2 STEP LAY-UPS BOTH SIDES</b> (1 x 2 minutes each side)	Ensure the proper footwork while working with both hands.	
	<b>KNOCKOUT</b> (2 games)	Emphasize following the shot.	
	<b>Footwork &amp; Conditioning</b>		
<b>JUMP-STOP DRILL</b> With ball (2 times down & back)	Work on the fundamentals of the jump stop; balance and body control.		
<b>Team Concepts</b>	<b>THE PASS IS FASTER DRILL</b> (2 x down and back each player)	Work on ball-handling, passing, and catching while demonstrating that the pass is faster than the dribble.	<b>15%</b>
	<b>DEFENSE, I LOVE IT DRILL</b> (2 x 5)	Have fun and bring energy to defense!	
<b>Competing</b>	<b>SPIN STEP IN DRILL</b> (1 x 2 minutes each way)	Ensure that the players plan and turn on their inside foot.	<b>15%</b>
	<b>3v3 NUMBERS GAME</b> (games to 5)	Emphasize the offensive and defensive concepts learned through 3v3.	

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THEME	ACTIVITY	DETAILS	PERCENTAGE OF TOTAL PRACTICE TIME	
<b>Values</b>	<b>BALANCED LIFESTYLE</b>	Discuss why it's important to have a healthy balance of school, friends, family, and hobbies.	5%	
<b>Warm-Up</b>	<b>DYNAMIC WARM-UP</b> (1 x each from baseline to half court or back)	<ul style="list-style-type: none"> <li>• Heel Walks</li> <li>• Skip Backwards</li> <li>• Toe Walks</li> <li>• Jog Forward</li> <li>• Skip Forward</li> <li>• Jog Backwards</li> </ul>	5%	
<b>Building Skills</b>	<b>Ball-Handling</b>		60%	
	<b>DOUBLE LEG WRAP</b> (1 x 20 sec.)	Wrap the ball around both legs quickly!		
	<b>SIDE TO SIDE DRIBBLE</b> (2 x 15 sec.)	Control the ball by dribbling it from side to side.		
	<b>FRONT TO BACK DRIBBLE</b> (2 x 15 sec.)	Control the ball by dribbling it front to back.		
	<b>RETREAT DRIBBLE DRILL</b> (3 x 15 sec.)	Work on the fundamentals of the retreat dribble.		
	<b>Passing</b>			
	<b>REBOUND &amp; OUTLET PASS DRILL</b> (1 x 2 minutes each side)	Work on rebounding and making a good outlet pass.		
	<b>Shooting</b>			
	<b>DROP STEP LAY-UP BREAKDOWN DRILL</b> (1 x 2 minutes each way)	Work on the correct footwork for the drop step lay-up.		
	<b>LAY-UP HIGH FIVE DRILL</b> (2 minutes each side)	A simple high five can teach the fundamentals of a lay-up!		
<b>3-LINE (SPOT) LAYUPS</b> (1 x 90 sec each line)	Work on lay-ups and the euro step.			
<b>Footwork &amp; Conditioning</b>		15%		
<b>1-2-3 TRIPLE THREAT</b> (1 x 90 seconds)	Work on reaction time and the triple threat stance.			
<b>PASS &amp; CUT DRILL</b> (90 seconds each way)	Work on passing, cutting, and finishing with lay-ups.			
<b>RECEIVING THE OUTLET PASS DRILL</b> (1 x 2 minutes)	Work on the proper execution of receiving the outlet pass.			
<b>TEAM LAY-UP &amp; SHOT DRILL</b> (games to 8)	Use this fun competitive game to work on lay-ups and shooting.			
<b>SIDE/LATERAL PUSH DRILL</b> (3 x 15 seconds)	Work on the defensive movement of pushing to stay in front of an offensive player.			
<b>Competing</b>	<b>ELBOWS FINISH DRILL</b> (games to 3)		Emphasize both offense and defense in 1 on 1 play.	15%
	<b>3v3 NUMBERS GAME</b> (games to 3)		Emphasize the offensive and defensive concepts learned through 3v3.	

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<b>Values</b>	<b>FAIRNESS 1</b>	Explain the basic rules and why we play fair.	5%
<b>Warm-Up</b>	<b>FREEZE TAG</b> (2 minutes)	Warm-up with a fun game of freeze tag.	5%
<b>Building Skills</b>	<b>Ball-Handling</b>		60%
	<b>QUICK DROPS DRILL</b> (2 x 20 sec)	Work on quick hands and catching the ball.	
	<b>SEATED DRIBBLE</b> (2 x 45 seconds each arm)	Sit and work on low, quick dribbles with the fingertips.	
	<b>STATIONARY CROSSOVER LOW, MIDDLE, HIGH</b> (3 x 15 seconds each)	Push the ball back and forth from hand to hand to improve coordination and ball control.	
	<b>STATIONARY UNDER THE LEG DRIBBLE DRILL</b> (1 x 1 minute)	Have the players work on controlling the ball under their leg.	
	<b>Passing</b>		
	<b>KICK PASS BREAKDOWN DRILL</b> (1 minute each way)	Work on the proper kick pass form.	
	<b>Shooting</b>		
	<b>UP &amp; UNDER BREAKDOWN DRILL</b> (1 minute each way)	Work on the proper footwork of the up and under.	
	<b>PASS &amp; UP &amp; UNDER DRILL</b> (1 x 2 minutes)	Execute the up and under in this fluid drill.	
	<b>2-BOUNCE SHOOTING GAME</b> (games to 5)	Hustle after rebounds to prevent two bounces.	
	<b>FREE THROW GOLF</b> (1 game)	Work on free throws in a fun competitive game.	
	<b>Rebounding</b>		
<b>SELF-TOSS REBOUNDING DRILL</b> (3 x 8)	The players will toss the ball into the air and jump and catch it at their peak.		
<b>Footwork &amp; Conditioning</b>			
<b>TUCK BACK DRILL</b> (2 x 6 each way)	Work on triple threat and protecting the ball.		
<b>Team Concepts</b>	<b>DRIVE &amp; KICK COMPETITION DRILL</b> (games to 8)	Emphasize a good drive and a good kick pass.	15%
	<b>2-PERSON CLOSEOUT DRILL</b> (2 x 1 minute)	Work on guarding the ball and quickly going to help.	
<b>Competing</b>	<b>3v3 NUMBERS GAME</b> (games to 3)	Each possession must start with a screen away from the ball.	15%

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THEME	ACTIVITY	DETAILS	PERCENTAGE OF TOTAL PRACTICE TIME
<b>Values</b>	<b>ACTIVE LIFESTYLE</b>	Have the players define being active, and explain the benefits of playing multiple sports.	<b>5%</b>
<b>Warm-Up</b>	<b>ACTIVE WARM-UP</b> (1 x each from baseline to half court or vice versa)	<ul style="list-style-type: none"> <li>• Jog in Place</li> <li>• Head Rolls</li> <li>• Waist Rolls</li> <li>• 1 Foot Hop Left</li> <li>• Shoulder Rolls</li> <li>• Knee Rolls</li> <li>• 1 Foot Hop Right</li> <li>• Arm Rolls</li> <li>• Ankle Rolls</li> </ul>	<b>5%</b>
<b>Building Skills</b>	<b>Ball-Handling</b>		<b>60%</b>
	<b>LOW, MIDDLE, HIGH DRIBBLE</b> (2 x 20 sec. each level & each hand)	Work on dribble speed, control, and power.	
	<b>STATIONARY CROSSOVER LOW, MIDDLE, HIGH</b> (3 x 20 seconds each)	Push the ball back and forth from hand to hand to improve coordination and ball control.	
	<b>3-3-3 DRIBBLE DRILL</b> (2 x 20 sec.)	Work on quick controlled dribbles.	
	<b>RUNNING DRIBBLE RIGHT, LEFT, &amp; CROSSOVER</b> (2x each)	Encourage the players to gain confidence and push themselves to run fast while controlling the dribble.	
	<b>Passing</b>		
	<b>PASS &amp; FOLLOW</b> (1 min)	Work on good quick passes to teammates.	
	<b>PARTNER(S) RUNNING PASS DRILL</b> (2 x down & back)	Try not to have any dropped passes!	
	<b>Shooting</b>		
	<b>3-LINE (SPOT) LAYUPS</b> (1 x 90 sec each line)	Work on making lay-ups correctly.	
	<b>FORM SHOOTING – 2 HANDS</b> (3 x 8 each)	Emphasize the perfect shot every time.	
	<b>SPIN STEP IN DRILL</b> (1 x 2 minutes each way)	Ensure that the players plant and turn on their inside foot.	
	<b>LOOP SHOOTING</b> (1 x 4 min)	Be sure to mix up the shot location.	
	<b>Footwork &amp; Conditioning</b>		
<b>RUN TO BACKPEDAL DRILL</b> (2 x down and back)	Help the players gain comfort changing directions.		
<b>Team Concepts</b>	<b>PASS, CUT &amp; REPLACE DRILL</b> (2 minutes)	Work on good passes, cutting, and filling the open spot.	<b>15%</b>
	<b>REVERSE THE BALL DRILL</b> (games to 8)	Reverse the ball quickly and shoot game like shots.	
<b>Competing</b>	<b>CLOSE OUT 1-ON-1 DRILL</b> (4 minutes)	Work on good defensive close outs into 1 on 1.	<b>15%</b>
	<b>3v3 NUMBERS GAME NO DRIBBLES</b> (3 minute games)	Playing with no dribbles will reinforce movement.	

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THEME	ACTIVITY	DETAILS	PERCENTAGE OF TOTAL PRACTICE TIME
<b>Values</b>	<b>RESPECT: COACHES</b>	Discuss what it means to respect your coach.	<b>5%</b>
<b>Warm-Up</b>	<b>THE ESCAPE GAME</b> (3 x each partner)	The players will partner up and “escape” from each other in this fun warm-up game.	<b>5%</b>
<b>Building Skills</b>	<b>Ball-Handling</b>		<b>60%</b>
	<b>QUICK DROPS DRILL</b> (2 x 10)	Work on having quick hands and catching the ball.	
	<b>STATIONARY 2 BALL DRIBBLE SAME TIME/ALTERNATE</b> (2 x 30 seconds each)	Challenge the players by dribbling with 2 balls.	
	<b>5-5-5 CREATIVE DRIBBLE</b> (1 minute)	Allow the players to be creative with the ball.	
	<b>Passing</b>		
	<b>PASS FAKE BREAKDOWN DRILL</b> (2 minutes)	Work on good pass fakes.	
	<b>PASS FAKE DRIVE DRILL</b> (1 x 2 minutes each side)	Give a good pass fake to make a defender react, then drive.	
	<b>Shooting</b>		
	<b>LUNGE SHOOTING</b> (1 minute each way)	Work on good footwork, balance and body control.	
	<b>SHOT FAKE BREAKDOWN DRILL</b> (2 minutes)	Have the players work on the correct execution of a shot fake.	
	<b>SHOT FAKE 1 DRIBBLE PULL-UP DRILL</b> (2 minutes each way)	Execute the shot fake into a shot.	
	<b>Rebounding</b>		
	<b>NO BALL BOX OUT DRILL</b> (2 minutes)	Get the players accustomed to boxing out their opponent.	
<b>Footwork &amp; Conditioning</b>			
<b>SIDE/LATERAL PUSH DRILL</b> (3 x 15 seconds)	Make sure the players are pushing off their back foot.		
<b>Team Concepts</b>	<b>USING A SCREEN SHOOTING DRILL</b> (1 x 2 minutes each way)	Work on setting up the screen before coming off to shoot.	<b>15%</b>
	<b>TRACING THE BALL BREAKDOWN DRILL</b> (2 x 1 min)	Work on tracing the ball with active hands.	
<b>Competing</b>	<b>3 ON 3 NUMBERS GAME - BALL SCREEN</b> (games to 3)	The players must start every possession with a ball screen.	<b>15%</b>

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THEME	ACTIVITY	DETAILS	PERCENTAGE OF TOTAL PRACTICE TIME
<b>Values</b>	<b>RESPECT: TEAMMATES</b>	Lead a discussion around how to respect teammates.	<b>5%</b>
<b>Warm-Up</b>	<b>LINE HOPS</b> (1 x 20 seconds each)	<ul style="list-style-type: none"> <li>• 2 Feet Forward &amp; Backwards</li> <li>• 1 Foot Forward &amp; Backwards</li> <li>• Stationary Hip Swings</li> <li>• 2 Feet Side to Side</li> <li>• 1 Foot Side to Side</li> <li>• Arm Rolls</li> </ul>	<b>5%</b>
<b>Building Skills</b>	<b>Ball-Handling</b>		<b>60%</b>
	<b>FINGER DRIBBLE DRILL</b> (1 x 30 seconds each hand)	Individually use each fingertip to dribble the ball.	
	<b>DRIBBLE BALANCE</b> (3 x 20 seconds each leg)	Balance on 1 foot while dribbling.	
	<b>SPIN DRIBBLE DRILL</b> (3 min.)	Work on a hard last dribble into a quick spin move.	
	<b>DRIBBLE FREEZE TAG</b> (3 min.)	This is a fun game of tag while dribbling the ball!	
	<b>Passing</b>		
	<b>KEEP AWAY GAME</b> (30 sec each)	Work on movement, teamwork, passing, and defense.	
	<b>Shooting</b>		
	<b>CROSSOVER TO A LAY-UP DRILL</b> (1 x 2 minutes each side)	Work on good moves and finishing with makes.	
	<b>1-STEP FORM DRILL</b> (10 makes each side)	Make sure the players create a lot of space with their steps.	
	<b>JUMP STOP SHOOTING GAME</b> (games to 5)	Work on good jump stops, being balanced, and making shots at game speed.	
	<b>Rebounding</b>		
	<b>WALL BOX OUT</b> (2 minutes)	Work on the proper boxout technique.	
<b>Footwork &amp; Conditioning</b>			
<b>THE JAB STEP BREAKDOWN DRILL</b> (2 minutes each way)	Help the players to gain confidence making a jab step.		
<b>THE JAB &amp; ATTACK DRILL</b> (3 x each side)	Take a hard jab and a big attack step towards the basket.		
<b>Team Concepts</b>	<b>PASS &amp; CUT &amp; REPLACE DRILL</b> (1 x 3 minutes)	Get the players talking, cutting, and filling the open space.	<b>15%</b>
	<b>DEFENDING THE 2-ON-1 DRILL</b> (1 x 3-5 minutes)	Work on both 2 on 1 offense and defense.	
<b>Competing</b>	<b>KNOCKOUT</b> (1 game)	Have fun with this competitive shooting game.	<b>15%</b>
	<b>3v3 NUMBERS GAME - ALL TOUCH</b> (games to 5)	Every player must touch the ball on every possession.	

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<b>Values</b>	<b>RESPECT: OPPONENTS</b>	Discuss how & why to respect your opponents.	5%
<b>Warm-Up</b>	<b>IQ WARM-UP</b> (5 lines)	Teach the players about the game as a part of the warm-up.	5%
<b>Building Skills</b>	<b>Ball-Handling</b>		60%
	<b>DOUBLE LEG WRAP</b> (2 x 20 sec)	Wrap the ball around both legs quickly!	
	<b>FRONT TO BACK DRIBBLE</b> (2 x 20 seconds each hand)	Control the ball by dribbling it front to back.	
	<b>SIDE TO SIDE DRIBBLE</b> (2 x 20 seconds each hand)	Control the ball by dribbling it from side to side.	
	<b>DRIBBLE BALANCE PUSH</b> (2 x down and back)	Have the players maintain balance and push off their outside leg.	
	<b>WALK TO JOG DRIBBLE DRILL</b> (2 each)	Work on dribbling while moving at a controlled speed.	
	<b>Passing</b>		
	<b>WHO IS READY</b> (2 minutes)	Help the players recognize when a teammate is ready.	
	<b>DRIBBLE &amp; PASS TO TARGET DRILL</b> (2 minutes each side)	Work on moving and hitting the target with a pass.	
	<b>Shooting</b>		
	<b>PERFECT SHOT NO BASKET DRILL</b> (3 x 8 attempts)	This is a fun shooting drill that challenges the players to shoot the perfect shot!	
	<b>LUNGE SHOOTING</b> (2 x 1 min)	Work on good footwork and balance with lunge shooting.	
	<b>Rebounding</b>		
	<b>TOSS &amp; GET IT DRILL</b> (2 minutes each side)	Toss the ball off the backboard and rebound!	
<b>Footwork &amp; Conditioning</b>			
<b>TUCK BACK</b> (2 x 6 each way)	Teach the players to be in a strong stance with the ball.		
<b>ON THE WHISTLE JUMP STOP</b> (2 minutes)	Have the players react to the whistle with a jump stop.		
<b>Team Concepts</b>	<b>2 ON 1 FAST BREAK</b> (3 min)	Work on good timing, spacing, and decision making.	15%
	<b>GROUP CLOSE OUT SLIDE &amp; TRACE DRILL</b> (1 min. each way)	Bring energy and work on defense!	
<b>Competing</b>	<b>ON THE BLOCK FINISH DRILL</b> (games to 3)	Have the players react and finish quickly with a live defender.	15%
	<b>ELBOWS FINISH DRILL</b> (games to 3)	Help the players take good game shots with a live defender.	
	<b>3v3 NUMBERS GAME - POST TOUCH</b> (games to 5)	Every possession must include a pass to a post player on the block.	

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<b>Values</b>	<b>RESPECT: PARENTS</b>	Discuss how to show respect for parents.	<b>5%</b>
<b>Warm-Up</b>	<b>RUN TO THAT LINE</b> (1 x 5 lines)	Learn the layout of the court while getting warm.	<b>5%</b>
<b>Building Skills</b>	<b>Ball-Handling</b>		<b>60%</b>
	<b>BALL SLAMS</b> (2 x 10)	Slam the ball hard to the floor and catch it on the way up.	
	<b>FINGER DRIBBLE DRILL</b> (1 x 30 seconds each hand)	Use 1 finger at a time to dribble the ball.	
	<b>SIDE TO SIDE DRIBBLE LOW, MIDDLE, HIGH</b> (3 sets each hand)	Work on controlling the ball by dribbling it back and forth.	
	<b>DRIBBLE BALANCE PUSH</b> (2 x down and back)	Develop good balance and really push out on every move.	
	<b>Passing</b>		
	<b>DRIBBLE &amp; PASS TO A TARGET DRILL</b> (1 x 2 minutes)	Emphasize hitting a specific target with each pass.	
	<b>SLIDE AND PASS DRILL</b> (2 sets of each pass)	Stay low and move while passing.	
	<b>PARTNER RUNNING PASS DRILL</b> (2 x down & back)	Make sure to lead your teammate with a good pass.	
	<b>OPEN &amp; DECIDE</b> (3 min)	Work on quick decision making.	
	<b>Shooting</b>		
	<b>FORM SHOOTING – 2 HANDS</b> (3 x 8)	Work on shooting with great form every time.	
	<b>PARTNER STEP-IN SHOOTING DRILL</b> (10 makes each)	Work with a partner to take good shooting reps.	
	<b>CHASE LAY-UPS</b> (3 minutes)	Work on making lay-ups with a live defender.	
	<b>BLOCK TO BLOCK SHOOTING DRILL</b> (30 seconds each player)	Work on using the backboard to make shots.	
	<b>Footwork &amp; Conditioning</b>		
<b>CHANGE OF SPEED DRILL</b> (3 x down and back)	Changing speeds will make every player better.		
<b>Team Concepts</b>	<b>POST PASS &amp; SCREEN DRILL</b> (3 minutes)	Use pass fakes to make passes easier.	<b>15%</b>
	<b>FOLLOW THE LEADER SLIDES DRILL</b> (10 seconds each)	Have the players lead these quick defensive slides.	
	<b>ZIG-ZAG DEFENSIVE SLIDE DRILL</b> (3 times down and back)	Get a good feel for changing directions while defending a dribbler.	
<b>Competing</b>	<b>BACK 1 ON 1 DRILL</b> (games to 5 makes)	Have fun with this great 1 on 1 drill.	<b>15%</b>
	<b>3v3 NUMBERS GAME</b> (games to 5)	Emphasize the offensive and defensive principles highlighted in 3v3.	

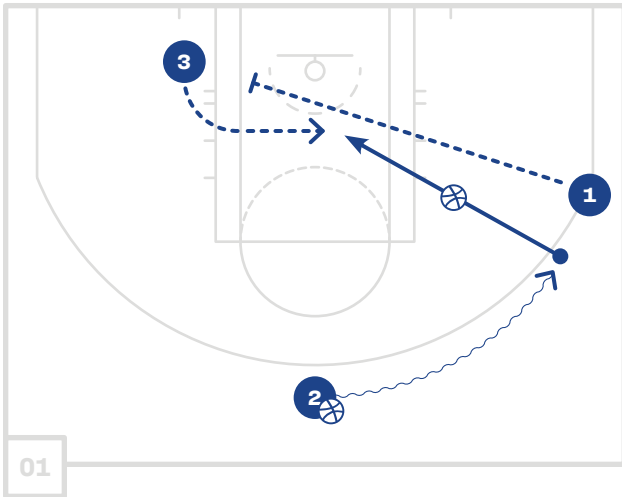
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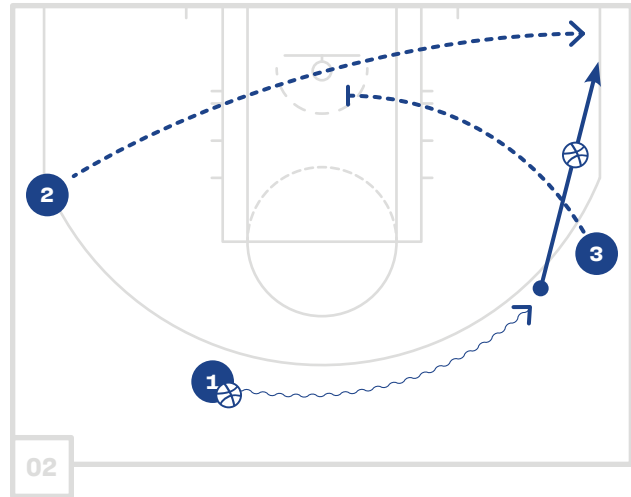


# 3v3 Offensive Plays



## Dribble Entry Cross Screen

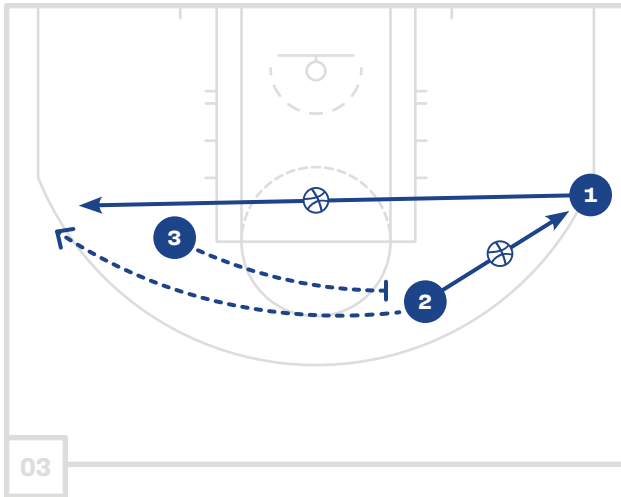
Player 2 dribble enters. Player 1 sets cross screen for Player 3. Player 2 passes to Player 3 for lay-up.



## Dribble Entry Corner 3

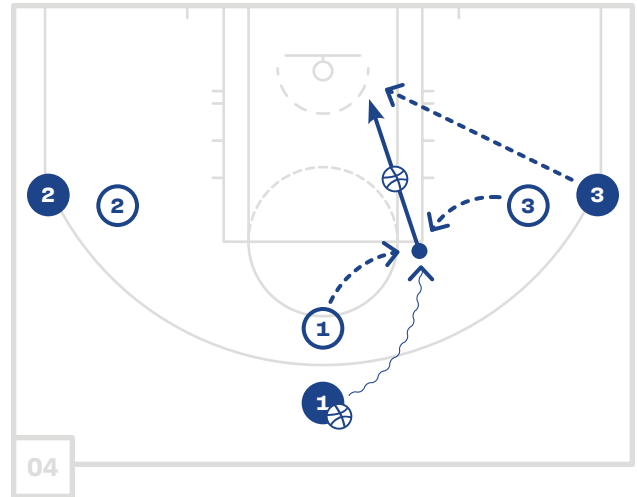
Player 1 dribble enters to weak side. Player 3 sets screen in lane for Player 2. Player 2 goes to deep corner for three-point shot.

# 3v3 Offensive Plays



## Back Screen Skip Pass

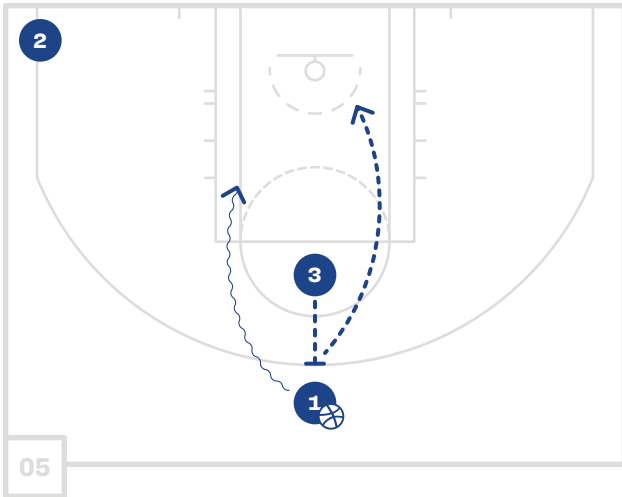
Player 2 passes to Player 1. Player 3 sets back screen for Player 2. Player 2 uses screen and relocates to weak side three. Player 1 makes skip pass to Player 2. Player 3 can slip to the basket for a lay-up after setting the screen for Player 2.



## Drive Gap Dive

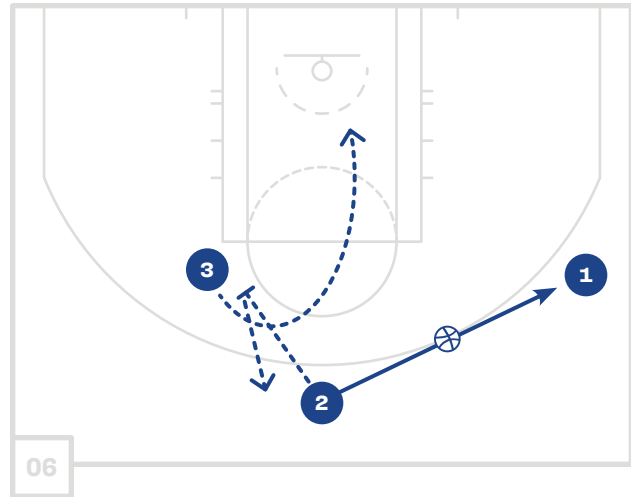
Player 1 drives gap to draw help defender. Player 3 spaces on the perimeter or dives hard to the basket. Player 1 passes to Player 3 for lay-up or shot.

# 3v3 Offensive Plays



## High Ball Screen & Roll

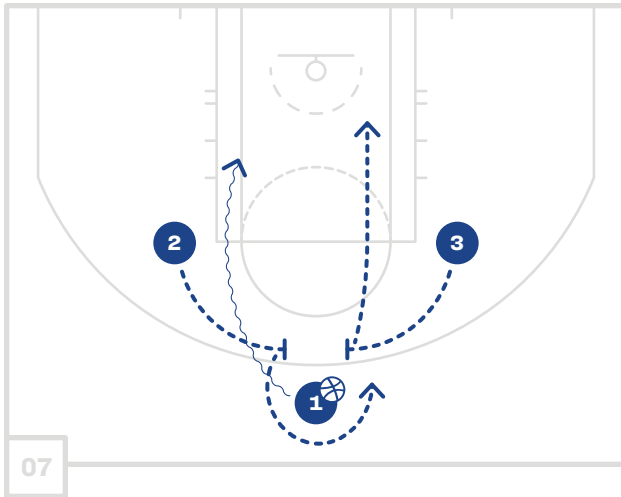
Player 3 sets a flat high ball screen for Player 1. Player 1 comes off screen looking to score and player 3 dives hard to the basket. Player 2 sets up for a deep corner three point shot.



## Hip Screen

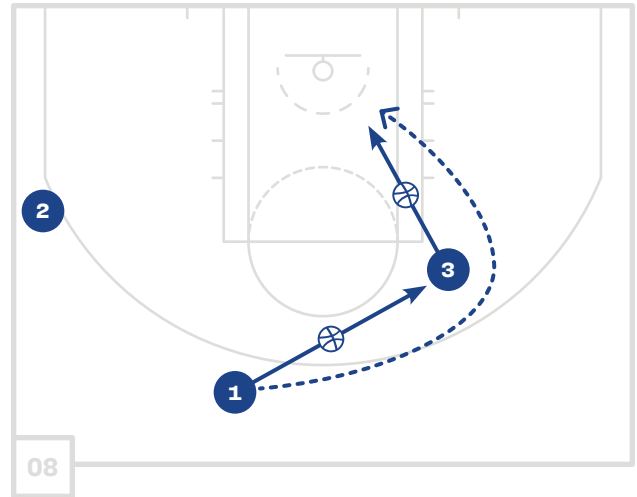
Player 2 enters with pass to Player 1. Player 2 sets a quick screen for Player 3 who curls hard and Player 3 curls hard and dives to basket. Player 2 then pops back to 3-point line. Player 1 passes to Player 3 cutting or back to Player 2 for the 3-point shot.

# 3v3 Offensive Plays



**Horns**

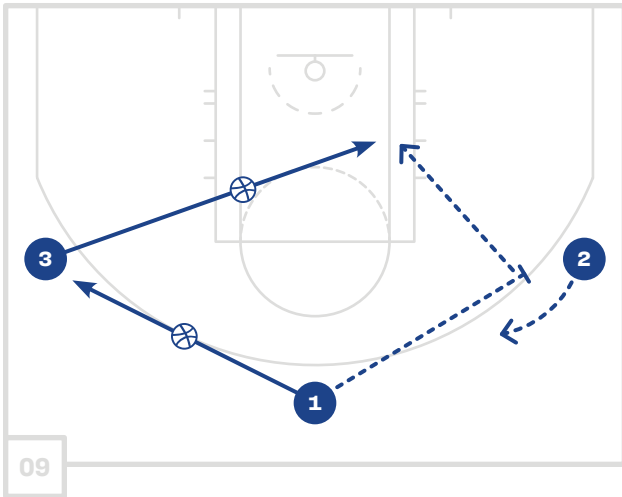
Player 2 and Player 3 set high ball screen for Player 1. Player 1 dribbles off screen. opposite screener dives hard to the basket. Strong side screener pops back to the 3-point line.



**Same Side Handoff Backdoor**

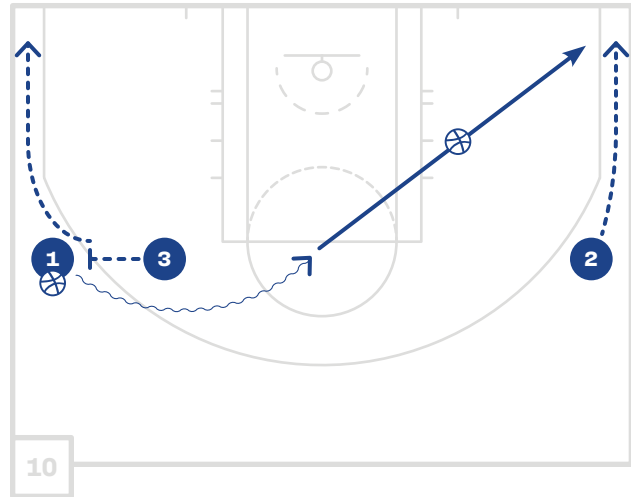
Player 1 enters ball to Player 3 at high post. Player 1 cuts around Player 3 looking for handoff. If it is not there Player 3 squares up and hits Player 1 cutting to the basket.

# 3v3 Offensive Plays



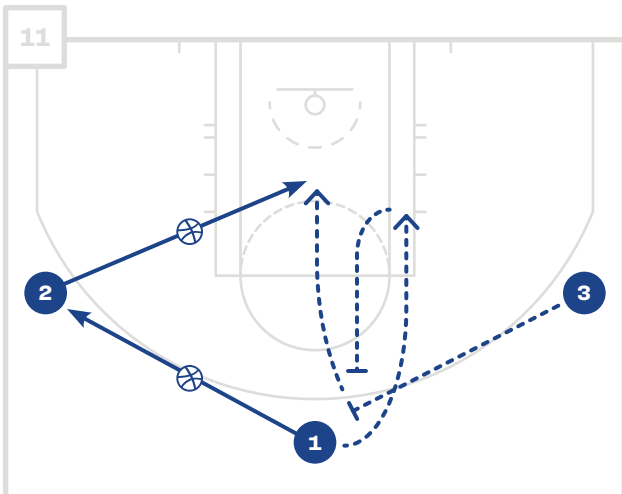
**Screen Away and Slip**

Player 1 passes to Player 3 and sets away screen for Player 2. Player 1 then slips the screen and dives to the basket. Player 3 passes the ball to Player 1 or Player 2.



**Side Ball Screen Corner Three**

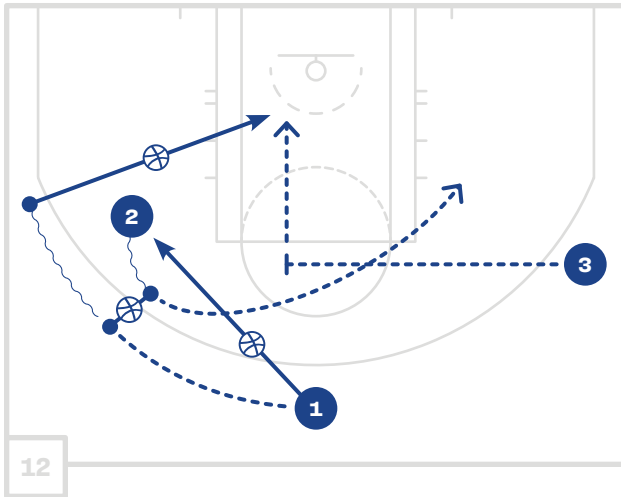
Player 3 sets side ball screen for player 1. Player 3 relocates to deep corner and player 2 relocates to opposite deep corner.



**Screen Rescreen**

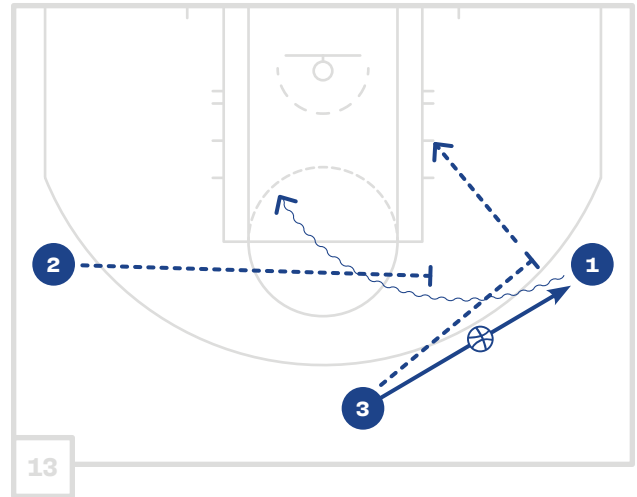
Player 1 starts with a pass to Player 2. Player 3 sets back screen for Player 1. Player 1 makes hard basket cut and then turns to set back screen for Player 3. Then Player 3 uses screen and dives straight to the basket. Player 2 passes ball to Player 1 or Player 3 for a lay-up.

# 3v3 Offensive Plays



**DHO Backscreen Slip**

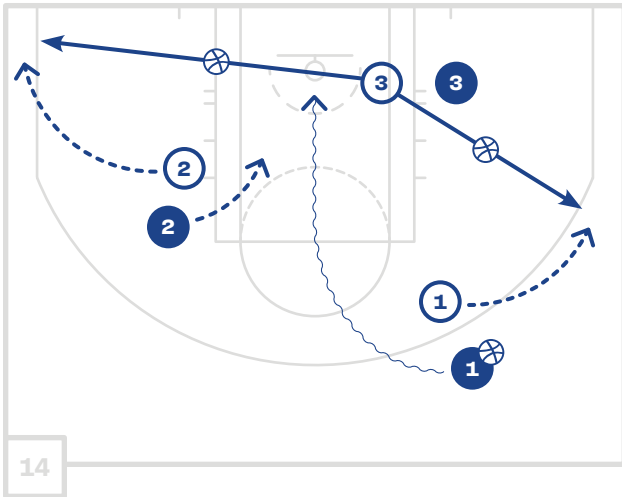
Player 1 passes the ball to Player 2 and follows the pass to get a dribble hand off from Player 2. Player 3 then sets a back screen for Player 2 and slips the screen towards the basket. Player 1 can pass to Player 2 or Player 3.



**Double Ball Screen**

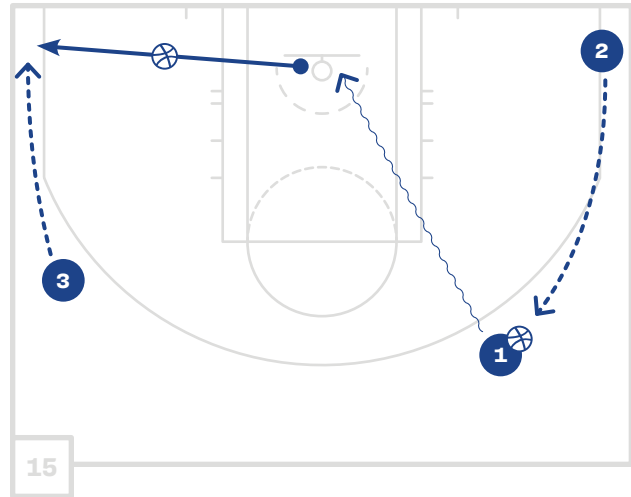
Player 3 passes to Player 1 then follows pass and sets screen for Player 1. Player 2 sets a stagger screen for Player 1. Player 1 drives off the stagger screen set by Player 3 and Player 2. Player 3 drives hard to the basket.

# 3v3 Offensive Plays **12U & ABOVE**



**1's for 2's**  
OFFENSIVE STRATEGY

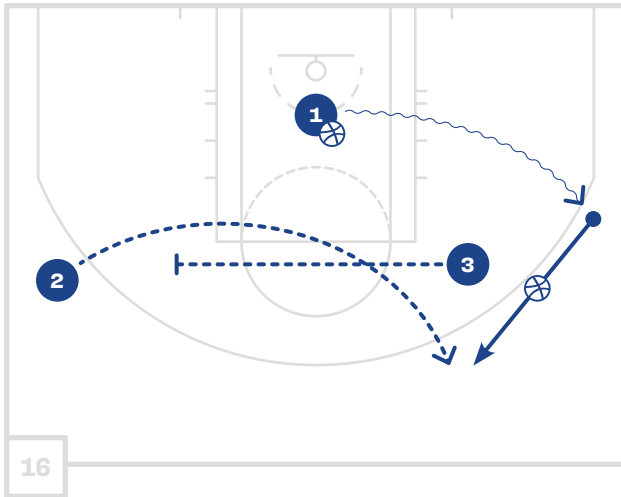
Player 1 drives by Defender 1 and makes lay-up. Defender 1 relocates behind three-point line. Defender 2 relocates to deep corner three-point line. Defender 3 rebounds make and clears to Defender 1 or Defender 2 for three point shot.



**Lay-Ups or 3's**  
OFFENSIVE STRATEGY

Team philosophy is to drive to the rim and shoot lay-ups or kick out for three-point shots. Mid-Range shots are lowest percentage shots and only count 1 point.

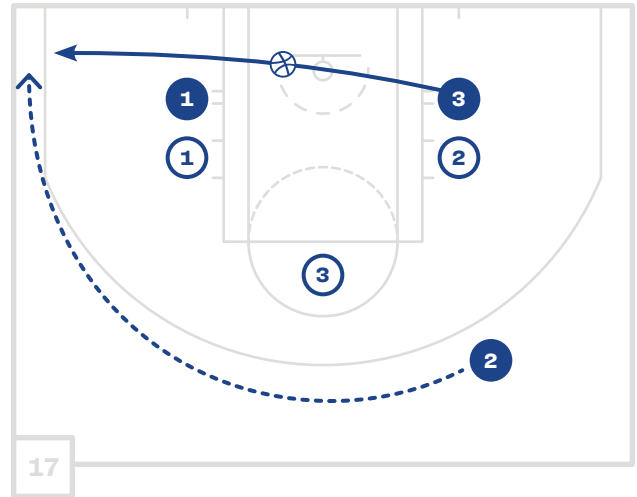
# 3v3 Offensive Plays **12U & ABOVE**



## Elbow Pinch Screen

PLAY WHEN CLEARING

Player 1 rebounds the ball and clears with the dribble. Player 3 then sets an away screen at the elbow for Player 2. Player 2 comes off screen making a shallow cut and pops out to 3 point line. Player 1 passes ball to Player 2. Player 2 receives pass and looks to score.



## Free Throw Outlet Corner 3

PLAY WHEN CLEARING

Player 2 starts on weak side and goes to opposite deep corner. Player 3 or Player 1 rebound and quickly clear ball to Player 2 for three-point shot.