

RULES:

1. 28.5 basketball girls | 28.5 basketball boys, 10 ft. regulation goal height, 4 X 6 minute quarters with clock stoppage
2. 3 timeouts in regulation, 2-minute overtime with 1 timeout: no timeout carry over from regulation
3. No pressing when ahead by 15 points or more, after 7th team foul in each half, the opposing team is awarded one & one free throws, after 10th team foul in each half, the opposing team is now awarded 2 shot free throws
4. Any player receiving a technical from the game official in regulation play or overtime will be removed from the court of play until the next dead ball. This can occur at any moment of the game regardless of time remaining in the game.
5. Player receiving 2nd technical foul is automatically removed from the game and will not be allowed to return. Player will also be disqualified from participating in the next scheduled game.
6. Profane language will not be tolerated. The player will receive a verbal warning. Upon a second occurrence the player will receive a technical foul (which will also result in a personal foul), and removed from the game until the next dead ball. If there is a third occurrence, the player will be assessed a 2nd technical and removed from the game.
7. If any coach, player or fan is ejected or asked to leave the gym, they will not be allowed to participate in their teams next scheduled game. Failure to adhere will result in expulsion of the team from the league.
8. Only two coaches are allowed on the bench.
The head coach is the only coach allowed to stand.
9. If a team wishes to do their own bookkeeping, they may do so from the bench. We do not allow additional individuals other than Solid Rock employees to sit at the score table.

10. The players current school grade determines placement (summer league will be grade just completed). Coaches must present if asked the proof of grade eligibility for all players on the team roster.

11. Each team must provide warm up balls: Solid Rock will provide the game ball

12. Coach must fill out numbers and verify names on the scoresheet before each game and sign off, clock and bookkeepers will be provided by Solid Rock

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